

## **KEEP ON SOWING June 2021 (Corona Virus Edition)**

We have seeds in stock at the Shop suitable for sowing in the next few months, filling in the bare soil left as you harvest spuds; broad beans ; onions etc. **(last sow by dates are in brackets)**

**Cabbage/ Spring Greens** are sown in a seed bed in July / August for a crop early next year. We have 'Greyhound' (July); and 'Winter Greens' (August).

**Carrots:** All varieties can be sown into July and 'Amsterdam' can continue into August.

**Cauliflower:** Still plenty of time to get these up and going: 'Barcelona' (late October); 'Boris' (Sept – Oct).

**DWARF French Beans :** During July pop a few bean seeds into corners of the plot as they become free. Sown later, direct into warm soil, they often do better than ones sown earlier.

**Leaf Beets / Chard** can be sown until the end of July and the everlasting 'Perpetual Spinach' until August.

**Peas:** 'Kelvedon Wonder' can be sown until July for a harvest in Autumn. 'Douce Provence' (height 30") and 'Meteor' (height 18") are sown late Autumn to overwinter for an early harvest the following year.

**Radish:** Keep sowing rows of multi-coloured radish until September: 'Diana' purple; 'Cherry Belle' red; 'Mixed' and 'Breakfast Mixed' as the name suggests and new 'Blue Moon'.

**SALADS:** We stock a variety of salad leaves for growing in the next few months. Plants can be grown under protection over winter as you clear the greenhouse or polytunnel.

Varieties of **lettuce** which can be sown into late summer /early Autumn : 'All the Year Round' (Aug) ; 'Arctic King' (Aug/ Sept) ; **Winter Density** (Aug – Oct) .

Pick and come again leaves: **Endive** (Sept); **Chicory/Radicchio** (July); **Rocket** (Aug) ; **Mustard 'Red Frills'** (all year); 'Mixed Oriental Leaves'; and baby spinach leaves 'Red Kitten'.

And shoots: **Sweet corn** and **Pea Shoots 'Serge'** (all year).

**Orientals** are much less likely to bolt if sown at the end of summer: **Pak Choi**; 'Red Choi' (Aug); and 'Joi Choi' (Sept) .

**Spinach :** If you tried earlier and it bolted, try sowing later: 'Giant Winter' (Sept); 'Medania' (Aug – Sept); 'Trombone' (Oct)

Don't forget **Herbs:** **Basil** (July) ; **Coriander** (Sept) ; **Parsley** – we have several varieties.

And finally...Improve that bare soil with a crop of **Green Manure** : 'Phacelia' ( Sept); 'Red Clover' (Aug) 'Trefoil' (Aug); and **Mustard** (mid Sept).